



Metro Washington
Chapter

The Community Service Committee invites members to participate in...

The Community Service Committee would like Shoeboxes for Soldiers to be an ongoing project that continues as long as members are willing to send boxes. Over time, we anticipate adding additional units to our "adoption" list. To add a unit to our list, please send contact information to jgretsch@abcmetrowashington.org. Questions? Call Judy at 202-466-1862.



Captain Jeff Pettee was ecstatic to hear that ABC of Metro Washington members are adopting his unit. Jeff's team has 113 soldiers serving as an Embedded Training Team and Police Mentor Team in the Herat Province of Afghanistan. They oversee 653 Afghani Army Soldiers and 400 Afghani Police. So far, members have reported sending 63 boxes to his unit.

They are on their way back home now (HURRAY!) so we are tracking down another unit to adopt. Check the special project page on our website for a new address or call Judy at 202-466-1862 for more information. Additional mailing instructions on the back.

Shoeboxes for Soldiers

Captain Jeff Pettee on duty in Afghanistan. To see more pictures of Jeff and his unit, visit his Facebook page (Jeffrey C. Pettee, Concord, NH).

Jeff is able to check email about once a week. While he may not be able to reply to individual messages, we hope that he has time to post general messages and photos when packages arrive.

Not a member of Facebook? We'll periodically add updates to the Community Service Page on our website.



Please let us
know your company is
participating so we include
you on our project page at
www.abcmetrowashington.org.
Email the number of boxes you
sent to [jgretsch@
abcmetrowashington.org](mailto:jgretsch@abcmetrowashington.org).

Suggested care package items
and shipping information are
on the back.



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SUPPLIES...

Visit www.usps.com to order the following shipping materials free of charge:

- Priority Mail APO/FPO Flat Rate Box (Item No. MILI-FRB), pack of 25
- Customs Declaration and Dispatch Note (Item No. FORM 2967-A)
- Customs Form Envelope (Item No. FORM 2976-E)

Supplies will also be available at membership meetings this summer or at the ABC of Metro Washington office in Calverton, MD.



Include a note in your box. Tell Jeff and his team about your company, employees, and ABC!

ADDRESS...

COMING SOON

Captain Pettee's unit is coming home in a few weeks so the Community Service Committee is researching a new unit to adopt. Check the special project page on our website for a new address or call Judy at 202-466-1862 for more information.

Shoeboxes for Soldiers

FILL YOUR BOXES WITH...

- DVDs (movies & stand-up comedy)
- CDs
- Phone Calling Cards
- Paperback Books & Magazines
- Puzzle Books
- Notebooks & Pens
- Hand Wipes
- Decks of Cards
- Small, Hand-held Video Games
- Sleep Masks
- Head Phones for iPods and MP3 Players
- Gum & Hard Candy (Life Savers, Starburst, etc.)

Toiletries and other items of personal choice are not recommended.

Shipments typically take two weeks to arrive. If you are considering shipping perishable items and need to determine the likelihood that items will arrive safely, the weather in Colorado is similar to the conditions in Afghanistan. Consult the U.S. Post Office for hazardous materials and food shipping rules.



Captain Jeff Pettee with interpreters in Afghanistan.

SHIPPING...

No matter how much you stuff in the APO/FPO flat rate box, postage is only \$11.95 to APO/FPO addresses.

If you purchase insurance, be aware that it will only cover your package until it reaches New York. After that point, insurance no longer covers the contents of your package.

The U.S. Postal Service offers free package pickup. To schedule, visit www.usps.com.

For assistance with completing the required U.S. Customs form, see the sample on the Community Service page at www.abcmetrowashington.org or call Judy at 202-466-1862 with questions.